



# LET'S WASH SOME FEET

## THIS IS A UNIQUE TYPE OF FAMILY LIFE EXPERIENCE.

In this experience, I want to challenge you, the parent, to wash some feet! I know... this will be different. It might feel weird, but prayerfully it will be memorable and make a significant mark and impression on your family spiritually. Are you ready? Well, even if you aren't... let's go!

## FIRST, LET'S READ

**John 13:1-7 NLT...**

*1 "Before the Passover celebration, Jesus knew that his hour had come to leave this world and return to his Father. He had loved his disciples during his ministry on earth, and now he loved them to the very end.[a] 2 It was time for supper, and the devil had already prompted Judas,[b] son of Simon Iscariot, to betray Jesus. 3 Jesus knew that the Father had given him authority over everything and that he had come from God and would return to God. 4 So he got up from the table, took off his robe, wrapped a towel around his waist, 5 and poured water into a basin. Then he began to wash the disciples' feet, drying them with the towel he had around him."*

*6 When Jesus came to Simon Peter, Peter said to him, "Lord, are you going to wash my feet?"*

*7 Jesus replied, "You don't understand now what I am doing, but someday you will."*

## SOMETHING TO THINK ABOUT

Jesus knows He's about to say goodbye to His disciples, but before He does, He feels the need to demonstrate an action of love by washing their feet. The disciples didn't fully know why Jesus washed their feet, thus His answer to them, "You don't understand what I'm doing now, but someday you will."

Jesus was demonstrating love through serving the people He loved most. It's one thing to say you love someone; it's a completely different thing when you're willing to demonstrate that love through kneeling and washing their dirty, nasty feet, especially when they have dirty nasty attitudes to match! (Keep in mind, Jesus washed the feet of Judas and Peter all while knowing Judas was going to betray him and Peter was going to deny Him THREE TIMES!)

Today, practice what Jesus demonstrated by washing the feet of your family members. If they ask why, tell them, "You don't understand what I'm doing right now, but one day you will."



**LET'S WASH SOME FEET**

**QUESTIONS TO DISCUSS**

1. Why do you think it was important for Jesus to wash His disciples' feet before he died?
2. What do you think Jesus was trying to teach His disciples and teach us?
3. Would you be willing to wash anyone's feet? If so, who?
4. Jesus washed everyone's feet, including Judas, who would betray Him and Peter, who would deny Him. Would you be willing to wash the feet of people you knew were about to betray or deny you?

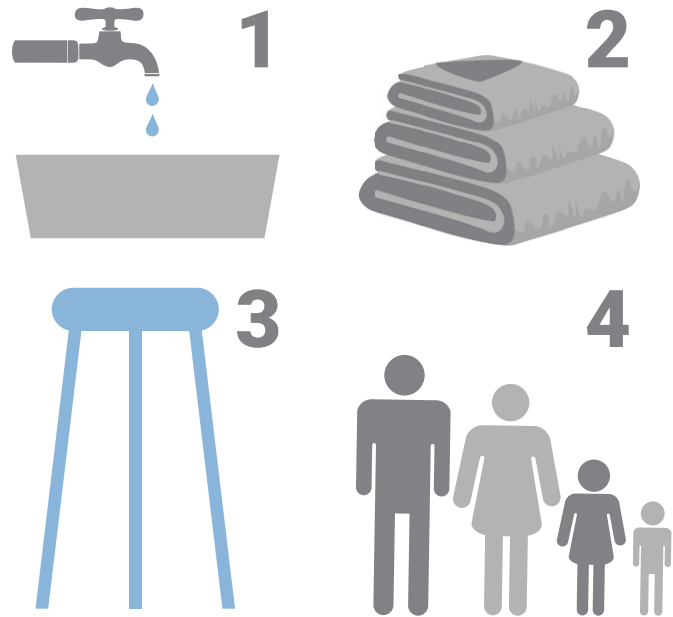
**INSTRUCTIONS FOR WASHING FEET**

1. Prepare a basin filled with room temperature water.
2. Have washcloths and towels available for washing and drying feet.
3. Set one seat aside as the seat of honor.
4. Each family member (based on an order you select...i.e., youngest to oldest) will sit in the seat of honor (their shoes and socks must be removed).

**While the family member is in the seat of honor, you are simply:**

- Placing their feet over the basin
- Using washcloths and towels to wash and dry their feet

As you conduct each foot washing, I recommend using that time to speak into the life of your loved one. Tell them how much you love them, admonish or encourage them with something that's been on your heart. This is a brief moment that will happen



quickly; be sure to make it personal and special. Once you've washed everyone's feet, ask if anyone is willing to wash your feet. If more than one person volunteers, let them. It may feel more comfortable for you to wash feet than to have someone wash yours, but it's important for you to participate in this exercise as well.

**After everyone's feet have been washed, read the following passage:**

*34 "So now I am giving you a new commandment: Love each other. Just as I have loved you, you should love each other. 35 Your love for one another will prove to the world that you are my disciples."*

**John 13:34-35 NLT**

1. How did you feel when your feet were being washed?
2. If you had the opportunity to wash someone else's feet, how did you feel?
3. Why do you think it was important for Jesus to wash his disciples' feet?
4. Washing feet is a form of serving each other. What are other ways we can serve each other and show the love we have for each other?

**PRAYER**

Father, thank you for Jesus showing us how to love and serve. Help us to love and serve each other as a family. Show us how to have each other's backs. Show us how to support one another. In Jesus' name! Amen.