C CAT OFFENSIVE COMMUNICATION PART 1







OPENING PRAYER

(anyone in the family is welcome to pray)

FAMILY CHECK - IN: (15 - 20 minutes, depending on family size):

Make an effort to have each family member answer each guestion listed below:

- If you had to be an animal for just 1 day, what animal would you pick and why?
- If you could have one super power for just one hour, what would it be and what would you do with it?
- If you had 1 million dollars and you had to spend it all in less than 24 hours, what would you do with the money?
- What is your all time favorite family memory? Why is it your favorite memory?

MEMORY VERSE:

He will lead children and parents to love each other more - Malachi 4:6

FAMILY CHALLENGE:

Memorize this verse and be prepared to share it at the next family life group.

COMMUNICATION IS SO IMPORTANT.

It is the key ingredient that is needed in any relationship, especially among families. Sometimes it's difficult for families to talk to each other. Parents seem like they are too old and out of touch. Kids seem like they are so immature and refuse to listen to anything unless it's on Tik Tok. Sometimes family members feel it's easier to have a conversation with someone at school or at work or on social media or on Clubhouse than it is to have a conversation with each other. Sometimes it's more comfortable talking to anybody BUT your family.

But just because it feels uncomfortable doesn't mean that you stop talking to your family. Why? Because YOUR FAMILY IS YOUR GIFT FROM GOD. Everyone repeat that.

YOUR FAMILY IS YOUR GIFT FROM GOD!

That is your gift and everybody in the family is going to have to take time away from your schedule to make time to communicate with your family. Parents, make and keep a cut off time from work and engage with your kids. Kids, put the devices down and come out of your room. Families it is so important for you to connect...and communicate...and stay together. Say "Stay Together!"



FAMILY ACTIVITY:

Good. Now click this *link*, turn the volume up and each family member pick another family member to dance with...what are you sitting there for??? Click this link and LET'S GO!

FAMILY CONVERSATION: (aim for about 15 - 20 minutes of conversation)

Question of the Day: Ok, here is the goal. Connect with the family. Connect with the family. Connect with the family. How?

Glad you asked. Winning communication looks like this...

A WINNING FAMILY THAT COMMUNICATES COMMITS TO:

- Praving Regularly
- Check In with each other Regularly •
- Play together Regularly .

LET ME BREAK THEM DOWN:

- Pray Regularly This is a spiritual check in. The family that prays together stays together. Make sure that your family is having conversations with God and each other. Prayer has a way of keeping the family together.
- **Check in with each other Regularly** This is an emotional check in. It's important to see how • everyone in the family is doing emotionally. Asking questions...even the simple questions, help us better get to know each other. That's why we encouraged you at the beginning of this devotional to have a conversation about animals and super powers and 1 million dollars. Here are some other questions to ask:
 - How would you grade me as a parent? Why?
 - How would you grade me as a child? Why?
 - What makes our family special in comparison to other families? •

The more you check in with each other, the more you get a feel of where each family member is and you don't feel like strangers.

Play Together Regularly - It's important for your family to play together. Make memories together. Share experiences together. Plan activities to experience together.

FAMILY ASSIGNMENT

How often is regularly? You may be asking this question as you attempt to schedule time together. Your family determines what regularly is. Maybe you pray together everyday. Maybe you pray together once a week. Maybe you have an emotional check in once a week. Maybe you have a family play date once a week. All of that is up to the family; however, your assignment as a family is to determine how often you will Pray, Check In and play together...agree on it and put it on a calendar To hold yourself accountable.

When you do these 3 things consistently...regularly...it will definitely help you win!

FAMILY PRAYER

God. Thank you for this family. Help us to communicate better with each other and communicate better with you TOGETHER! In Jesus name. Amen!

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